

OUR FISH HOEK WEEKLY

29 Monday

11h00 Lunch Hour Prayer

18h30 Talk on Mental Health

30 Tuesday

10h00 Bible Study: Rev Louise Hazell

18h00 Bible Study in the Gateway

31 Wednesday

10h15 Ladies Fellowship: Yvonne Miles

18h00 Bible Study in the Gateway

February

01 Thursday

09h30 M.W.A. Opening Service – Committee Tea

10h00 Quiet Time and Prayers in the Church

18h00 Choir Practice in the Church

18h30 Song Group Practice:159 Kommetjie Road

02 Friday

10h00 Bible Study in Recess

14h00 Griefshare in the Gateway

03 Saturday

18h00 Junior Youth until 19h00

19h00 Senior Youth until 20h30

04 Sunday

08h30 Family Service

08h30 Sunday School and Teen Church

10h15 Traditional Service



Covenant Service 4th February

Please remember to join us as we renew our promises to God at one of our services.

Talk on Mental Health

Dr Chris Warton will be presenting a discussion on Mental health on Monday 29th January, at 18h30.

Chris taught Anatomy and Neuroscience for 40 years at UCT and is also a follower of Christ. All welcome.

Kid's Camp

This will be happening on the weekend of the 2-4 February. If you can assist in sponsoring a child please contact the office or Tim Hoffman.

Small Groups

Can all Small Group Leaders please contact Malcolm McCormick with their group's information or the church office.

Malcolm:071 483 5916

Email:mlclmmccrmck@gmail.com

Teacher and Youth Leader's Dedication

Teachers and Youth Leader's Dedication will take place during today's service.



Lord,

thank You for this day.

I ask that You would guide my path today, and more specifically, my thoughts, words and actions.

Please be with me throughout the day and help me navigate whatever comes my way.

More importantly, help me to reflect and live out my life in a way that is honouring You.

In Jesus' name I pray. **Amen.**

Prayer Requests

Phyllis Neethling, Vincent Busse, Alan Milne, Mary Suttle, Anna van Tonder, Jenny Stiles, Margaret Salem, Peter Fenwick, Ben Gatling-Dewing, Bevan Hoepner, Norma Stuart, Gerald Barry, Dot Scott, Mike Hind, Kathy Kietzman

Confidential Prayer Chain

In a crisis or for private prayer support, contact Tessa Goulding, 082 847 4484 or the Church office. Within minutes people will be praying for the situation.



- 28 Yvonne Miles
- 29 Lynn Allison, Ingrid Hutty
- 30 Tania Lindeque, Andre Wolmarans
- 31 Lee-Anne Dunn, Denise Wallander

February

- 01 Kim Keightly, Valda Clatworthy, Bryan Hutty, Lorraine Haddad
- 03 Mary-Lou McKenzie

Recommended Books

THE PREACHER’S LADY - By Lori Copeland

In this tender and surprising love story, discover the power of forgiveness, faith and love that conquers all.

BILLY GRAHAM - By David Aikman

His life and influences.

Library Hours

Tuesday: 11h30 –12h30
 Sunday:09h30-10h10

Society Stewards

- Lee Faulkner 081 402 1286
- Bernadette Rollinson 072 509 7570
- Michael Hardwick 083 701 9090
- Justine Tinker 082 397 5957
- Daryl Faure 082 375 1178
- Jeremy Christensen 082 805 5283
- Jonathan Miles 082 800 8807
- Michael Wessels 072 038 5056

In case of an emergency please contact the above

Society Stewards

Bank Details

Account Name: Fish Hoek Methodist Church
Bank: Standard Bank
Cheque Account No: 072111461
Branch Code: 051001

We take this moment to thank the following members for their service this morning:

- Door Stewards** Leigh & Mike von Maltitz
Donald & Joan Moore
- Music** Kim Linscott & Worship Group
Peter Davidson & Choir
- Sound Desk** Bernadette Rollinson
- Tea** Lynne & Malcolm McCormick

28

January

2024



Welcome
to our
Service

Services Today

- 08h30 Rev Delme Linscott
Society Steward Jeremy Christensen
- 10h15 Rev Delme Linscott
Society Steward Jeremy Christensen

Bible Readings: Mark 1:21-39

Please join us for tea and fellowship in the

Boyd Hall between services.

Church Staff Team

- Resident Minister:** Rev Delme Linscott
- Email:** delmelinscott@gmail.com
- Office Administrator:** Thomas Odendaal
- Office Volunteer:** Joyce Martin
- Pastoral Assistant: Wednesday Mornings** Louise Elliott
- Office Number:** 021 782 1569
- Email:** office@fishmeth.co.za
- Website:** www.fhmc.co.za
- Facebook :** wwfacebook.com/fishhoekmethodist
- Office Hours:** Monday 09h00-14h00
Tuesday-Friday 08h00-14h00

Fridays: Rev Linscott’s Day Off
Wednesdays: Rev Linscott is at Tokai Office